

## STARTERS

**Eggplant envoltini GI | GF | V** \$11

*Au gratin thin cuts of eggplant over ricotta cheese dipped in tomato sauce*

**Fried calamari GI** \$13

*Savory fried calamari with a hint of lime served with a Mediterranean sauce*

**Carpaccio veggie GF | V** \$9

*Oven grilled beets, zucchini, carrots, quinoa, pickled onions & citric dressing*

**Tuna sashimi GF** \$11

*Fresh tuna slices dressed with a spectacular passion fruit & soy sauce served with guacamole*

**Chips & guacamole GF | V** \$12

*Special homemade guacamole recipe served with crispy corn tortillas*

**Ceviche GF** \$14

*Delicious peruvian style fish ceviche with plantain chips, sweet potato and corn*

**Mixed ceviche GF** \$15

*Peruvian style mix of octopus, shrimps & fish with plantain chips, sweet potato and corn*

**Heart of palm GF** \$14

*Heart of palm, cherry tomatoes, onions, orange sauces, quinoa and sweet potato*

## POTATO SKINS

**Guacamole & olives GI | GF | V** \$12

*Fresh guacamole mixed with black olives, cilantro, & tomatoes*

**Bacon GF** \$12

*Melted cheddar cheese, with crispy bacon, chives & sour cream*

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## FRENCH FRIES

*Crunchy and tasty* \$7

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Prices do not include 10% service and 13% sales taxes.

**What is the 13% Sales Tax?** The 13% Sales tax is a tax added to anything consumed in Costa Rica. As of July 1 2019, this tax is applicable to all goods and services and is a standard of taxes in this country. It is added to the final amount of your bill and itemized clearly in the invoice for your meal.

**What is the 10% Service Tax?** In Costa Rica, the law states that for all food and beverage items, there is a standard 10% Service Tax that is billed and collected, and this Service Tax is divided up among the restaurant staff including waiters, cooks, and everyone in between. This is a guaranteed "tip" for them all, but we encourage you to add extra tips as you see fit for great service delivered by our team. This tax is added to the final amount of your bill and itemized separately from the 13% sales tax.

GI: specialty | GF: gluten free | V: vegetarian | P: medium spicy

## SALADS

### CHOOSE YOUR PROTEIN:

Fish \$13 Tuna \$13 Octopus \$11 Shrimp \$11  
Chicken \$9

### Mediterranean octopus **GI | GF** \$20

Lettuce and arugula mix, white beans, Kalamata olives, onions, tomato, avocado and crispy octopus served with citrus dressing

### Kale superfood **GF | V** \$17

Avocado, blueberries, chickpeas, kale, almonds, quinoa and ricotta cheese served with honey dijon mustard dressing

### Quinoa spinach **GF | V** \$11

Power salad. Cucumber, tomato, raisins, spinach & quinoa with a citrus dressing

### Greek **GF | V** \$11

Vegetables mix, red peppers, zucchini, cherry tomatoes, onion, olives, ricotta cheese, goat cheese served with a classic vinaigrette

### Caesar \$15

Lettuce, croutons, parmesan cheese, bacon and juicy chicken breast with traditional Caesar dressing

### Avocado & arugula **GF | V** \$11

Arugula, avocado, onions, nuts, cranberries, ricotta cheese served with a balsamic-honey vinaigrette

## HEALTHY MENU

### Stuffed bell peppers

Ground beef, onions, hard boiled egg, raisins and mozzarella cheese, served with marinara sauce and fresh salad \$15

### Lettuce taco \$14

Grilled chicken and herbs, mango, avocado, onions and cherry tomatoes, wrapped in lettuce. Served with Greek yogurt sauce

### Stuffed zucchini \$15

Protein of choice, onions, spinach, mushrooms, bell peppers and mozzarella cheese. Served with marinara sauce and fresh salad

### Oven roasted fish \$17

Fresh catch of the day, onion, cherry tomatoes, mushrooms, zucchini, cilantro and grilled lemon

### Protein bowl \$15

Protein of choice, lettuce mix, beans, quinoa, corn, onions, cherry tomatoes, avocado and sautéed mushrooms

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### CASADOS "Classic Costarrican Dish"

*Rice, beans, sweet plantains & salad*

**Chicken casado GF** \$12

**Steak casado GF** \$17

**Fish casado GF** \$17

**Veggie casado GF | V** \$12

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### BURGERS

*With golden potatoes or green salad*

**Beef chorizo SPICY** \$14

*Premium beef and chorizo with special siracha mayonnaise, avocado & jalapeños*

**Iguana GI** \$17

*Premium beef, arugula, provolone cheese and chips, topped w/ béarnaise sauce*

**Crispy quinoa V** \$13

*Quinoa and beans, cheddar cheese and caramelized onions*

**Bacon honey burger** \$17

*Premium beef, bacon, caramelized onions, arugula and goat cheese*

**Cheese burger** \$15

*Premium beef, lettuce, tomato, onions, cheddar cheese and bacon*

### SANDWICH

**Club Sandwich** \$15

*Bacon, turkey ham, lettuce, tomato, cheddar cheese and mayo, served with french fries or salad*

**BLT Sandwich** \$14

*Lettuce, tomato, bacon and spicy mayo, served with french fries or salad*

**Grilled chicken sandwich** \$12

*Homemade bread, pesto chicken, alfalfa and parmesan cheese, served with a green salad*

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### BURRITOS

*Served with French fries or salad*

**Veggie V** \$13

*Lettuce, black beans, yellow corn, onion, tomato, guacamole, quinoa & wheat cereal mixed in basil green sauce, served w/ our house yogurt dressing*

**Grilled or crispy chicken** \$13

*Lettuce, black beans, corn, onions, tomato and guacamole*

**Shrimp** \$17

*Lettuce, black beans, corn, onions, tomato and guacamole*

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**MAIN COURSE**

## NACHOS

### Veggie GF | V

\$12

*Crispy corn tortillas chips topped with guacamole, refried beans, pico de gallo, lettuce and melted cheese*

### Beef GF

\$19

*Crispy corn tortillas chips topped with shredded beef, guacamole, refried beans, pico de gallo, lettuce and melted cheese*

### Chicken GF

\$14

*Crispy corn tortilla chips topped with slow cooked chicken, guacamole, refried beans, pico de gallo, lettuce and melted cheese*

## PIZZAS

### Margherita

\$12

*Fresh tomato sauce with mozzarella cheese*

### Hawaiian

\$15

*Fresh tomato sauce and mozzarella cheese topped with pineapple & ham*

### Pepperoni

\$15

*Fresh tomato sauce, mozzarella cheese topped with pepperoni*

### Veggie

\$14

*Fresh tomato sauce, mozzarella cheese topped with mushrooms, grilled zucchini and cherry tomatoes*

### Napolitan

\$15

*Fresh tomato sauce, mozzarella cheese, pesto with cherry tomatoes*

### Ham & mushroom

\$15

*Fresh tomato sauce, mozzarella cheese topped with ham and mushrooms*

### Fruti di mare

\$22

*Fresh tomato sauce, mozzarella cheese topped with mussels, shrimps and octopus*

*Gluten free pizza option available*

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## KIDS MENU

### Pasta

\$9

*With butter, pomodoro (tomato sauce) or pesto*

### French fries

\$7

### Chicken nuggets

\$9

*And french fries*

### Grilled chicken breast, fish fillet or tenderloin steak

\$11

*With mashed potatoes and veggies*

### Veggie soup

\$7

### Cheese paninni

\$8

*With french fries*

### Waffles

\$8

*With strawberries and whipped cream*

### Pancakes or banana pancakes

\$8

*With strawberries*

### Veggie bowl

\$7

### Margherita mini pizza

\$8

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MAIN COURSE / KIDS