

BREAKFAST

Omelette **GI | GF**

Spinach, onion, cherry tomatoes, mushrooms and mozzarella cheese served with gratinated golden potatoes, mozzarella cheese and chive

\$11

Tico **GF**

Delicious gallo pinto with any style eggs, sour cream, cheese, sweet plantains & homemade bread.

\$10

Continental

Any style eggs, homemade bread and fresh seasonal fruits

\$9

Italian baked eggs **GI | GF**

Cast iron baked eggs with marinara sauce & provolone cheese

\$10

American **GF**

Any style eggs, bacon, sausage & homemade bread

\$9

Healthy **GI**

Any style eggs, avocado, sauteed mushrooms and spinach, served with homemade bread

\$12

PANCAKES/ WAFFLES

Pancakes

With seasonal fruits

\$8

Gluten free pancakes

With seasonal fruits

\$10

Banana Pancakes

With seasonal fruits

\$8

Waffles **V**

Topped with whipped cream & seasonal fruits

\$8

FRUIT BOWL **GF | V**

Fresh seasonal fruits.

\$7

BRUSCHETTAS

\$8

Peanut butter banana

GRANOLA BARS **GF**

Crunchy and delicious homemade bars

\$6

ACAI BOWL

\$11

Peanut butter protein acai

Acai, blueberries, banana, spinach, protein mix topped with peanut butter, banana, blueberries and granola.

Vegan acai **GF | V**

Fresh fruit, acai mix topped with nuts, shredded coconut, chia, banana and strawberries.

Fruity acai **GF | V**

Sweet acai topped with blackberries, banana, dried blueberries, chia, cacao nibs & granola.

Pitahaya bowl

Pitaya, pineapple, mango, coconut, banana, strawberries, blueberries and nuts.

Moringa bowl

Moringa, banana, coconut milk, and vanilla served with chia, almonds and shredded coconut.

BAGELS

Served with green salad or roasted potatoes

New york style

Delicious any style eggs with crunchy bacon & melted american cheese.

\$12

Avocado egg **V**

Delicious any style eggs topped with fresh avocado.

\$11

BANANA BREAD

\$6

BREAD PLATE **V**

\$7

With seasonal jams.

Prices do not include 10% service and 13% sales taxes.

What is the 13% Sales Tax? The 13% Sales tax is a tax added to anything consumed in Costa Rica. As of July 1 2019, this tax is applicable to all goods and services and is a standard of taxes in this country. It is added to the final amount of your bill and itemized clearly in the invoice for your meal.

What is the 10% Service Tax? In Costa Rica, the law states that for all food and beverage items, there is a standard 10% Service Tax that is billed and collected, and this Service Tax is divided up among the restaurant staff including waiters, cooks, and everyone in between. This is a guaranteed "tip" for them all, but we encourage you to add extra tips as you see fit for great service delivered by our team. This tax is added to the final amount of your bill and itemized separately from the 13% sales tax.