BREAKFAST

Omelette GI | GF $10
Spinach, onion, cherry tomatoes, mushrooms and mozzarella cheese served with gratinated golden potatoes, mozarella cheese and chive

Tico GF $9
Delicious gallo pinto with any style eggs, sour cream, cheese, sweet plantains & homemade bread.

Continental $8
Any style eggs, homemade bread and fresh seasonal fruits

Italian baked eggs GI | GF $9
Cast iron baked eggs with marinara sauce & provolone cheese

American GF $8
Any style eggs, bacon, sausage & homemade bread

Healthy GI $11
Any style eggs, avocado, sauteed mushrooms and spinach, served with homemade bread

PANCAKES/ WAFFLES

Pancakes $7
With seasonal fruits

Gluten free pancakes $9
With seasonal fruits

Banana Pancakes $7
With seasonal fruits

Waffles V $7
Topped with whipped cream & seasonal fruits

FRUIT BOWL GF | V $6

Fresh seasonal fruits.

BRUSCHETTAS $7

Peanut butter banana

GRANOLA BARS GF $5

Crunchy and delicious homemade bars

GI: specialty | GF: gluten free | V: vegetarian | P: medium spicy

ACAI BOWL $10

Peanut butter protein acai
Acai, blueberries, banana, spinach, protein mix topped with peanut butter, banana, blueberries and granola.

Vegan acai GF | V
Fresh fruit, acai mix topped with nuts, shredded coconut, chia, banana and strawberries.

Fruity acai GF | V
Sweet acai topped with blackberries, banana, dried blueberries, chia, cacao nibs & granola.

Pitahaya bowl
Pitaya, pineapple, mango, coconut, banana, strawberries, blueberries and nuts.

Moringa bowl
Moringa, banana, coconut milk, and vanilla served with chia, almonds and shredded coconut.

BAGELS

Served with green salad or roasted potatoes

New york style $11
Delicious any style eggs with crunchy bacon & melted american cheese.

Avocado egg V $10
Delicious any style eggs topped with fresh avocado.

BANANA BREAD $5

BREAD PLATE V $6

With seasonal jams.

Prices do not include 10% service and 13% sales taxes.

What is the 13% Sales Tax? The 13% Sales tax is a tax added to anything consumed in Costa Rica. As of July 1 2019, this tax is applicable to all goods and services and is a standard of taxes in this country. It is added to the final amount of your bill and itemized clearly in the invoice for your meal.

What is the 10% Service Tax? In Costa Rica, the law states that for all food and beverage items, there is a standard 10% Service Tax that is billed and collected, and this Service Tax is divided up among the restaurant staff including waiters, cooks, and everyone in between. This is a guaranteed "tip" for them all, but we encourage you to add extra tips as you see fit for great service delivered by our team. This tax is added to the final amount of your bill and itemized separately from the 13% sales tax.